

Karis Facial Instruction Manual

Product Information and Warranty

The Karis Facial machine is a high-performance, non-invasive skincare device suitable for all skin types. It combines advanced nanotechnology, red laser toning (660nm), microcurrent (<1mA), negative-ion technology (989 cc), and galvanic infusion into one system to deliver the KARIS Stem-Cell Ampoule, a plant-based formulation created specifically for this system, deep into the skin without needles or suction. Treatments provide immediate results such as lifting, hydration, and brightening. The Karis Facial is effective as a standalone treatment and is also easy to integrate into existing treatments.

Warranty and Care

The Karis Facial machine is covered by a one-year limited warranty against manufacturing defects. This warranty does not cover damage caused by misuse, accidents, or unauthorized repairs.

For assistance or to report an issue with your device, please contact J & i Enterprises, Inc. at (213) 599-7497.

Treatment Protocol

Step 1: Pore Purify Whip Cleanser (*You may substitute with a cleanser of choice*)

- In a tall silicone cup, mix 2 pumps (3-5 mL) of Whip Cleanser with 10 mL of water; filtered or distilled water may be used if preferred.
- Use the frother tip to stir first, then turn it on to whip the mixture.
- Keep the frother about halfway into the foam as it rises. Avoid touching the bottom or going too close to the surface.
- Whip the cleanser until it reaches a thicker consistency to ensure easy application and prevent it from slipping off the face.
- Apply the foam evenly onto the client's face using a spatula.
Optional: Let the foam sit for 3 minutes to enhance cleansing and prep the skin for stem cell infusion.
- Gently massage the cleanser until mostly absorbed and the skin feels damp but not wet.
- To prevent itching around the nose, massage upward from the alar base (outer lower edge of the nostrils) toward the tip using both index fingers.
- Remove the foam using gauze wipes, a warm towel, facial sponges, or compressed towel tablets.

Step 2: Dew Cell Cream

- Inform the client there may be slight tingling due to glycolic acid.
- Apply more than a quarter-sized amount onto the face.
- Gently massage the cream into the skin.
- Leave the cream on and proceed with the **White Nano Handpiece**.

Step 3: White Nano Handpiece, KARIS Stem-Cell Ampoule, and Machine Setup

The **KARIS Stem-Cell Ampoule** is specially formulated with a thinner viscosity to create a fine nano mist without clogging the handpiece, and should be used exclusively for optimal results.

****Use of ampoules other than the KARIS Stem-Cell Ampoule may lead to damage of the White Nano Handpiece that cannot be restored through standard A/S repair.***

KARIS Stem-Cell Ampoule Preparation:

- Carefully remove the white plastic cap following the arrow marked “UP.”
- Peel off the aluminum seal while turning the vial slowly.
- Attach the Dropper Tip and apply firm pressure to attach the squeeze tip onto the vial.
- Pour slightly less than half (approx. 4-5 mL) of the **KARIS Stem-Cell Ampoule** into the clear chamber of the handpiece. Do not overfill to prevent leakage.
- Reserve the remaining ampoule (≤ 1 mL) for Step 7: KARIS Stem-Cell Ampoule Massage (optional).

Machine Settings:

- Turn on the following three modes:
 - **N.M. (Nanomist)**
 - **T.B. (Toning Beam)**
 - **M.E.S. (Microcurrent Electrical Stimulation)**
- Set the timer for 5 minutes per side of the face (may do more); alternatively, you may set it for 10 minutes total and switch sides when the timer reaches 5 minutes.
- Begin with **M.E.S. Level 1**, and ask the client if there is any discomfort. Gradually increase by two levels if tolerated.
- Levels up to 10 may be used based on client comfort.

Step 4: White Nano Handpiece Application

- Apply a few drops of **KARIS Stem-Cell Ampoule** and work the product into the skin using the handpiece.
- Use upward, lifting motions and follow with your other hand to enhance the effect and comfort.
- Focus on the following areas:
 - **Double chin:** Lift upward, follow with second hand
 - **Cheekbones:** Trace a lifting “C” motion and press under the cheek muscle
 - **Jawline/Ears:** Gently pull skin in front of and under the ears while lifting
 - **Dark circles:** Gently stretch under-eye area and lift
 - **Eyebrows:** Pull upward, work handpiece from below to above the brow
 - **Lips:** Cover nose and smooth lip lines side to side
 - **Forehead:** Use upward, circular, and lateral motions; include nose and cheeks
 - **Hairline (optional):** Massage around the entire hairline, behind ears, and down the neck
- Add more **KARIS Stem-Cell Ampoule** as needed.

- Cover nostrils when working near them to prevent mist from entering.
- Move in circular motions across the cheeks, temples, forehead, nose, and back.

Step 5: KARIS Stem-Cell Ampoule & Jojoba Gel Application (Optional)

- Apply a dime-sized (approx. ≥ 0.3 g) amount of Jojoba Gel to the face.
- Use the remaining **KARIS Stem-Cell Ampoule** as a serum; it will blend with the Jojoba Gel, creating a smoother texture that allows the Microcurrent Handpiece to glide better over the face.

Step 6: Microcurrent Handpiece & Negative Ion Stick

- Duration: 5–6 minutes total (or longer, depending on client preference).
- The client may hold or have the negative ion placed under their shoulder. Wrap in gauze if it feels too cold.
- Begin at **M.E.S. Level 1** and adjust according to client comfort.
- Apply more **KARIS Stem-Cell Ampoule** as needed.
- Move the handpiece slowly in lifting and circular motions. Follow with your second hand for support.
- Focus on areas with fine lines and wrinkles, such as the glabellar lines and brow area.

Step 7: KARIS Stem-Cell Ampoule Massage (Optional – 2 Minutes)

- Massage remaining **KARIS Stem-Cell Ampoule** into the face using your standard technique.
- Focus on outward, circular motions, especially beneath the cheekbones.

Step 8: Finish With Face Mask

- Apply Green/Pink Earth Rubber Peel-Off Mask (10–15 minutes, Optional)
- Mix powder (50 g) with water (50 mL).
- Optional: Cover the eyes with gauze.
- Apply a thick, even layer over the entire face.
- Leave on for 10 to 15 minutes.
- Peel off gently and wipe the face clean using a warm towel or preferred method.
- Clients typically enjoy a warm towel at this stage.

Final Step: Skincare Finish

- Apply toner.
- Finish by applying the **KARIS Stem-Cell Ampoule** and a pea-sized (0.25 g) amount of Jojoba Gel (optional).